



SAFER 5K Healthy Heart/Healthy Community Run/Walk

September 26, 2015—Race begins at 8:30 a.m.

Blackwater Heritage Trail

Start line will be by SunTrust Bank

Tobacco Free Event

Registration fee is \$20 for ages 12 and over and \$10 for under 12.

Packet pick up : Thursday September 24 from 4-6 p.m. at DOH– Santa Rosa

Friday September 25 from 4-6 p.m. at DOH –Santa Rosa

Morning of the race September 26 from 7-8 a.m. Blackwater Trail

You may be asked to sign a waiver at packet pick up.

T-shirts for the Inaugural Race will be given to the first 100 participants.

All participants will receive race bags, water bottles, and other goodies.

Awards will be given to all age categories.

This will be a self-timed race.

The race will continue rain or shine. Lightning may delay the start time.

For more information call Daniel Hahn at 983-4606 or Sandra Park-O'Hara at 983-5200 ext. 108

